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OUCH! NEWSLETTER

Search Yourself Online and Personalized Scams

Ever wonder just how much information is publicly available about you? Ever want



to learn the same tricks and methods hackers use to gather information on victims? [Learn about this new field \(called Open Source Intelligence\), how to search yourself, and how to protect your online presence.](#)

Cyber criminals can easily find personal information on millions of people, from our passwords and account names to birth dates and addresses. They are then using that information to **personalize scams** they send to millions around the world, making their attacks far more effective. [Learn how these new attacks work, and how to spot and stop them.](#)

[Click here](#) to subscribe to the OUCH newsletter or view archived articles.

Security Awareness Training Test Requirement

Laptop Encryption Status



It is not enough for your laptop to be encrypted, we must have documentation and proof of encryption in the event your laptop is lost or stolen.

OCIS is responsible for keeping documentation on the encryption and security of all laptops accessing patient data. If your laptop does not have a tag like the one above, we may not have a record of it. Please bring your laptop to OCIS immediately for a laptop security check.

REMEMBER: If you have an unencrypted laptop or unencrypted USB flash drive and are using it at the school, contact OCIS as soon as possible!

Failure to do so is a violation of HIPAA and University policy.

Phishing

OCIS still receives reports of phishing attempts. Please forward any phishing messages that you encounter **as an attachment** to phish@unc.edu.

To check and see if you have a suspected phishing email, go to its.unc.edu/phish-



In order to comply with HIPAA and UNC-CH policy, OCIS is enforcing the annual School of Dentistry Security Awareness Training requirement.

You will be **required** to take and pass both the HIPAA and Security Awareness test in order to access the EPR.

To take the Security Awareness Training and Test [please click here](#). If you have questions, please contact OCIS.



How to Create a Secure Password

Your password is your defense against cyber-criminals. It is important that you choose a long and strong password that cannot be easily cracked. This is especially important for in health care environments like the School of Dentistry.

[Click here for the OCIS recommended guidelines for choosing an effective password.](#)

[alerts/](#).

For an explanation of how to forward an email as an attachment [please read the following article on help.unc.edu](#).

[To learn how to better spot phishing, click here.](#)

US DHHS Office of Civil Rights in Action

The Office for Civil Rights (OCR) at the U.S. Department of Health and Human Services concluded an **all-time record year** in HIPAA enforcement activity.

In 2018, OCR settled 10 cases and was granted summary judgment in a case before an administrative law judge, totaling \$28.7 million from enforcement actions. This surpassed the previous record of \$23.5 million in 2016 by 22 percent.

OCR also achieved the single largest individual HIPAA settlement in history of \$16 million with Anthem, Inc., representing a nearly three-fold increase over the previous record settlement of \$5.5 million in 2016.

[A summary of all 2018 OCR HIPAA settlements and judgments may be found here.](#)

Two-Step Authentication

2-Step for Office 365 is now being fully enforced at the Adams School of Dentistry. If you are having any problems with your 2-step, please contact OCIS or ITS. To set up your 2-step, go to <https://its.unc.edu/2-step/>.



Password Managers

A password manager helps to generate and retrieve complex passwords, potentially storing such passwords in an encrypted database or calculating them on demand.

When selecting a password manager for your personal use, [the UNC-CH Information Security Office recommends you use the matrix given here](#) to evaluate the relative strength of any password manager under consideration.

HIPAA Security Incident Update

The School of Dentistry has gone **12** days since the last reported HIPAA security incident.
Please stay vigilant!

OUCH! Archives
[Click here for prior issues and topics.](#)

Security Awareness Tip of the Day

Remember, it is your personal responsibility to protect patient data (e.g., electronic Protected Health Information) on laptop computers and portable media devices (e.g., CD/DVDs, USB keys, USB drives and SD cards). In all cases, patient data can never be stored on a portable computing or media storage device unless it has been inventoried, encrypted and approved by OCIS.



Contact Us

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For More Information

[Adams School of Dentistry Policies](#) | [UNC-CH Policies](#) | [What is Sensitive Information?](#)

The Office of Computing & Information Systems (OCIS)

(919) 537-3500

OCIS-Help@unc.edu

<http://bit.ly/UNC-OCIS>

Connect with us

